



# MENTOR SOCCER CLUB

A CLUB, A COMMUNITY, A FAMILY

November 2013

## The DOC Is In - with Jim Buchan

Hi Mentor Family,

Well the hour has changed and the nights are darker quicker so it means that the Madison Tournament has come and gone, and indoor has gone into full swing. The Madison tourney was well supported with over 10 Mentor teams competing. We did quite well, with a couple of winners and a couple of runners up in various age groups. All this hard work to make this happen smoothly is done by the managers and Missy. I must congratulate and thank you for all the hard work you do; I know firsthand if it was not for the manager's of my teams, I would be in a real funk. So again, GREAT JOB.

The first try out for the u15 boys and girls PFC-WAVE teams has been completed and as of today we have a very good sense of where these teams are going. The lineups include many Mentor players and that is a great reflection on our staff. I have heard the teams will be very competitive and that makes me very happy. I am extremely excited to see how well we do. To the u13,14 boys and girls we now have a target to achieve, MAKE SURE YOU ARE ONE OF THESE PLAYERS on the NEXT u15 team, in 2014.

I will be living at Heisley, as usual, for the winter season, as Friday Night Lights and GK practices begin, if you see me please feel free to come and introduce yourself. We are all a family and open to chat.

Jim  
DOC Mentor Soccer



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Ohio Division I State Finalist - Mentor High School

**Mentor High Boys – State Finalists 2013!**

## **Congratulations to the MHS Boys Soccer Team – State Finalist!**

Mentor Soccer Club would like to congratulate the Mentor High Boys Soccer Team for advancing all the way to the Ohio High School Athletic Association's State Finals. Many of the boys spent time with the Mentor Soccer Club, making us so proud.

The team lost a tough state final 1-0 to Mason High School, the number 3 ranked team in the country. Mason had only given up 5 goals all season, but Mentor played them tough. It was the Mentor team's first loss of the season.

Here is a pic of some of the boys back in their MSC days with Coach Payne, Mentor's current varsity coach.



## **Futsal: A New Way to Play Indoors**

What is Futsal? How is it played? Is it good training for soccer? These are some questions you may have on a game that is new to the area and growing.

Futsal is played in all the continents of the world by over 100 countries with 12 million players. Futsal is played on a gymnasium hard-wood floor or all-purpose sports flooring. The game does not require the use of expensive boards, as do other versions of indoor soccer, therefore making it a very economical and safe sport.

Futsal is the only form of indoor soccer endorsed by FIFA. It earned the status of FIFA's official form of indoor soccer in the 1980s as it was recognized as a scaled down version of outdoor soccer played indoors. It is a 5 v 5 small-sided game played on a hard surfaced, basketball sized court with a smaller, heavier low bounce ball. Futsal is played with touchline boundaries and without walls.

This is the game that outdoor soccer players around the globe play to refine and maintain their control skills and touch. It is superior to walled soccer in terms of developing better skills and technique. In traditional American walled soccer, players regularly whack the ball (and sometimes their bodies) against the boards, which promotes improper technique and too often rewards errant play. In futsal, players are constantly reminded to play the same quality control game that is required for success in the outdoor game.

The sport is a great skill developer as it demands quick reflexes, fast thinking, and pin-point passing. The small, heavier futsal ball requires players to hone their ball-striking and ball handling technique. Great soccer superstars such as Pele, Zico, Ronaldo, Messi, Kaka and Katia grew up playing the game and credit futsal with developing their skills.

### **How Does Futsal Promote Better Technique?**

Just watch futsal players fight to keep the ball from crossing the touch line and you'll immediately begin to see how futsal develops skill, control, and technique. A small field with lines puts players constantly under pressure from other players and out-of-play boundaries. Players must learn to settle the ball rapidly, cut sharply, shield effectively, pass quickly and move into space.

Compared to walled soccer or large indoor field soccer, futsal places a greater premium on ball control. There is no reward for errant passes because the other team gets the ball. There is no reward for errant shots because the other team gets the ball. There is no incentive to 'kick and run' because the field is too small and packed with players. Players with the ball must use proper technique to maintain control and must seek out other players in space. Players without the ball must move to 'real' space and must truly support their teammates.

With futsal, the emphasis is clearly on control and technique. Without control and technique you cannot expect to succeed in futsal. And, if US players are to be more successful in the international arena, it is clear that we must better train and prepare our youth on proper technique. If you are serious about skills and technique development, futsal is the superior activity. Futsal promotes better technique and develops skills more rapidly.

And if you are serious about the quality of the time you

spend playing or watching soccer games, futsal is clearly better.

### How is Futsal Better than Walled Soccer?

Futsal improves player soccer skills better than walled soccer for both offensive and defensive skills training.

As an offensive Futsal player, there are no walls to save errant passes. There are no walls to stop long balls. There are no walls to rebound errant shots. There are no walls against which to pin the ball or your opponent. There are no walls to help you if you lack the feinting skills to beat a defender. There are no walls to save you if your teammates are not moving into space to support you. In general, you must control the ball, use proper touch and technique, use correct pace, send accurate service, and truly work dynamic combinations.

As a Futsal defender, you can 'face up' on an oncoming player just like in outdoor soccer (there is no wall pass to beat you). You can let errant passes go out of bounds to win the ball (the proper result of your opponent's mistake). Goalies and defenders can concentrate on proper shot blocking angles. You do not need to worry about long overhead balls which should go out of bounds. You can drive an oncoming player into the side to break up break-always or outnumbered breaks. In general, you can practice and perfect the defensive techniques which apply to outdoor soccer. You don't waste time working on defending against phantom players (i.e. walls).

Futsal is offered at Great Lakes Futsal in Eastlake, Ohio.



### Congratulations to the Wave U12 Red Boys for winning their age group at the Schuster Tournament



The Boys Wave U12 Red team with their trophies.

### Mentor Soccer Club and Wave Spiritwear for the Holidays!

Soccer.com has opened its new MSC Wave Spiritwear Online shop. Check it out at this link for some of the coolest Wave gear available:

#### **MSC WAVE SPIRITWEAR**

Mentor Soccer Club gear with the new Mentor Logo as well as Wave gear is now available at our other Spiritwear shop:

#### **MSC SPIRITWEAR**





## Twitter Contest Coming – Follow to Win.

Mentor Soccer Club's Twitter account will begin to have some contests. MSC will Tweet out where to find our Tweeter and the first follower to give the secret phrase to him in person will win a prize. Prizes will range from soccer balls to apparel and other soccer items. To start following MSC on Twitter, go to:

[https://twitter.com/intent/user?screen\\_name=mentorsoccer](https://twitter.com/intent/user?screen_name=mentorsoccer)

## Follow and Like Mentor Soccer Club online.



Mentor Soccer Club is on Facebook and Twitter! Keep up to date with all the latest team news and announcements as well as having fun and seeing pictures of some of our teams. We would love for you to like our page and post whenever you can. The link is:

<https://www.facebook.com/pages/Mentor-Soccer-Club/325866336713>



We are also on Twitter. Keep up to date on field closings and other important announcements by following us at:

[https://twitter.com/intent/user?screen\\_name=mentorsoccer](https://twitter.com/intent/user?screen_name=mentorsoccer)

## Club Calendar

Dec 8 <sup>th</sup>	Board meeting at Longo's Lakeshore 7pm
Jan 12 <sup>th</sup>	Board meeting at Longo's Lakeshore 7pm
Approx Jan 13 <sup>th</sup>	Second Session of Indoor Starts
March 28-30	MSC 4v4 Indoor Tournament

## Soccer Web Links

Mentor Soccer Club: [www.mentorsoccerclub.com](http://www.mentorsoccerclub.com)

MSC Wave Spirit Wear: [http://www.soccer.com/teamGateway.php?club\\_id=701460&spiritwear=1](http://www.soccer.com/teamGateway.php?club_id=701460&spiritwear=1)

MSC Spirit Wear: [www.mentorsoccerclub.shopgraphx.com](http://www.mentorsoccerclub.shopgraphx.com)

Ohio Youth Soccer Association North: [www.oysan.org](http://www.oysan.org)

Northern Ohio Girls Soccer League: [www.nogsl.com](http://www.nogsl.com)

## Club Contacts

For general club questions:

[admin@mentorsoccerclub.com](mailto:admin@mentorsoccerclub.com)

440-954-4326 (voice mail)

For questions about Rec Soccer:

[rec@mentorsoccerclub.com](mailto:rec@mentorsoccerclub.com)

For questions about Wave Academy Soccer:

[wave@mentorsoccerclub.com](mailto:wave@mentorsoccerclub.com)